

Better Beginnings Vibrant Childhoods Empowered Youth

2023 Highlights

Making a Difference



Capacity Build

We support diverse career pathways and strengthen key infrastructure to improve efficiency, amplify impact and nurture a thriving health research environment

Support recovery from pandemic impacts

Webinar: Understanding the Impact of the COVID-19 Pandemic and Promoting Health Equity Among Children, Adolescents, and Families in Canada and the United States

OBJECTIVE: Co-host a knowledge sharing event with the Eunice Kennedy Shriver National Institute of Child Health and Human Development, U.S. National Institutes of Health that integrated the expertise of researchers and community leaders from Canada and the U.S.

OUTCOME: Over 200 participants joined, including research teams, public servants, healthcare providers, community members, youth and caregivers. Discussions focused on the social determinants of health and pandemic impacts in diverse underserved communities. Speakers highlighted successes, lessons learned, and future directions to continue building momentum for collaborations, and drive positive change.



Champion

We fuel existing strengths, catalyze emerging areas and embrace a lifecycle approach to advance knowledge, address health inequities and inspire support for science

Advance research in areas of need and strength

Mental Health in the Early Years (MHTEY) Initiative

OBJECTIVE: Enhance our understanding of factors affecting early brain development and mental health outcomes and strengthen knowledge mobilization to support the implementation of evidence-based early years mental health interventions.

OUTCOME: A \$6.5M investment in early childhood mental health and well-being, over five years, is supporting the creation of new knowledge and the implementation of evidence-based interventions for young children and their caregivers with a focus on low-income, racialized, and Indigenous communities.



Convene

We facilitate interdisciplinary collaborations and enable purposeful partnerships to strengthen research, mobilize knowledge and shape policy

Support growth of interdisciplinary collaborations

Healthy Youth Summit

OBJECTIVE: Bring youth together with interested parties, including Healthy Youth Catalyst Grant recipients, to discuss gaps and opportunities in youth health research, foster intersectoral collaborations, and build capacity for youth engagement in health research.

OUTCOME: Co-led by IHDCYH's Youth Advisory Council, the hybrid Healthy Youth Summit attracted 100+ online and over 100 in-person attendees, half of whom were youth. Input gathered during the summit is directly shaping IHDCYH's Healthy Youth Strategy.